# MONTHLY SORTIE GOALS 961st Airborne Air Control Squadron Monthly flying-hour contract Hours flown Monthly offset 33rd Rescue Squadron Monthly flying-hour contract Hours flown Monthly offset 909th Air Refueling Squadron Monthly offset Hours flown Monthly offset 909th Air Refueling Squadron Monthly flying-hour contract Hours flown Monthly offset 909th Air Refueling Squadron Monthly offset 190.0 44th & 67th Fighter Squadrons Monthly sortie contract Sorties flown 55c2 Monthly offset 14 Source:18th MOS/MXOOP, as of Jan. 20





WEEKEND

WEATHER

FRIDAY MORNING'S COMMUNITYBANK EXCHANGERATES BUYING: \$1=¥104 SELLING:¥110=\$

## Kadena passenger terminal gets upgrade

By Staff Sgt. Jason Lake 18th Wing Public Affairs

Taking a trip home through Kadena just got a little bit easier after 733rd Air Mobility Squadron officials unveiled a new and improved air passenger terminal last week.

The 733rd AMS marked the opening of its new dropoff lane and interior improvements with a ribbon cutting ceremony outside the terminal Jan. 15.

Col. David Johnson, commander of the squadron, said the \$845,000 project renovated the terminal to make things easier for passengers and present an appearance similar to international airports around the world.

"This was a long awaited change," he said. "(In the past, passengers) had to walk across a parking lot that couldn't be used and drag their bags long distances. Now, people can drop off their baggage outside the front door and walk right into the terminal."

A baggage cart corral has also been added at the dropoff area to ease the pain of dragging bags to the check-in counter.

One of the biggest changes for cus-



Air Force /Senior Airman Mercedes McAlister

Col. David Johnson, 733rd Air Mobility Squadron commander, talks about the new improvements made to the air passenger terminal during a ribbon cutting ceremony Jan. 15.

tomers, Colonel Johnson noted, was the movement of the security checkpoint from the front door of the terminal to the boarding gate area.

Instead of getting scanned at the front door, customers can now walk into the terminal to check out the new information counter and check flight information on the new departure and arrival boards.

Second Lt. Lawrence Smith, officer-in-charge of passenger operations, said that passengers can get all the information they need to plan a trip at the lobby area's information desk. He said the computer program allows customers to check everything from pet transportation information and baggage restrictions to space available signup.

Another display monitor has been installed in the main lobby that shows passengers the number of space available seats remaining and an updated roster listing who has priority for each flight.

For passengers taking the red-eye flights, Lieutenant Smith said that the USO area, which was opened only during Patriot Express flights in the past, is now open all the time.

Here, passengers can get some rest on a couch or play video games to help pass the time.

In addition to improvements already finished, Lieutenant Smith said there is also a plan in the works to create a business center upstairs that will offer free internet access and DSN fax machine service in the next few weeks. A flight information monitor will also be installed in the terminal dropoff area.

The passenger terminal improvement project started last August and is scheduled to be finished next month.

### Two years after 9/11 response, Kadena chief gets Bronze Star

By Master Sgt. Adam Johnston 18th Wing Public Affairs

Twenty-three days after the terrorist attacks on the World Trade Center, an 18-year Air Force veteran from Travis Air Force Base, Calif. was deployed and working from a classified location in support of America's response to that attack.

"After 9/11 we started getting prepared to deploy and I had no options really because there was no way I was going to be left at home," Chief Master Sgt. Terrence Frost said Wednesday. "I still remember it as if it was yesterday. I'll never forget it."

The Air Force hasn't forgotten either.

Last week, more than two years after that deployment which helped begin America's War on Terrorism, Chief Frost now a 20-year Air Force veteran and superintendent of the 18th Component Maintenance Squadron at Kadena, was awarded the Bronze Star during a Jan. 13 squadron commander's call. Chief Frost was honored for his work during that Operation ENDURING FREEDOM deployment.

"When I found out I was receiving the Bronze Star, I had mixed emotions," Chief Frost said Wednesday. "It is definitely humbling to be considered and put in for it but I really just went out and did what I was trained to do."

What Chief Frost did, according to official Air Force records, was become crucial in setting up an airlift hub that became a Department of Defense

benchmark for bare base operations. "Chief Frost's soft spoken yet commanding presence helped him to assume a position of authority over airfield security, aerial port, and maintenance team members to ensure the safe support of activities around 504 C-17 engine running on- and off-loads."

Those off-loads, with a 99.4 percent reliability rate, culminated in the buildup of U.S. Central Command forces in theater through the movement of over 31.5 million pounds of cargo and 5,314 passengers for the beginning stages of Operation ENDURING FREEDOM.

Although Chief Frost deployed as the senior noncommissioned officer in charge of the tanker airlift control element with the 615th Air Mobility Operations Group from Oct. 4 to Dec. 19, 2001, he also took on the additional duty as deployed first sergeant where, according to official Air Force records, he provided advice on personnel issues and adeptly handled sensitive matters.

"At times it was trying," the chief said. "Anytime you deploy to a bare base, you don't have the comfort of home, and not knowing when you'll actually go home was hard on folks," he said.

The chief said he endured those hardships by keeping a positive attitude, by not complaining about conditions he was placed in and by trying to improve those conditions when and where possible. "What we were doing was something for our country," Chief Frost said. "It wasn't a time be selfish."



Air Force/ Chiaki Iramina

Chief Master Sgt. Terrance Frost shows his Bronze Star that was awarded to him Jan. 13 for his work during Operation ENDURING FREEDOM.

See STAR, Page 4

#### AN OPINION? CALL US AT 634-5665



### How to be 'legendary' Commander stresses importance of setting goals

Lt. Col. Steven C. Caberto 18th Medical Operations Squadron commander

When I first took command of the 18th Medical Operations Squadron almost 18-months ago, I challenged the squadron to chart their future.

We invested a day out of our very busy schedules to accomplish this

Our brainstorming team consisted of a wide variety of junior to senior enlisted members, company grade and field grades officers, doctors, nurses, and technicians.

During this strategic planning, we discussed things such as what was our mission, who were our customers. what types of services we provide, customer satisfaction, and other issues.

One of the cornerstones of strategic planning session was to define how we want to be remembered, or in other words, define our vision.

We generated a wide variety of cute phrases, semantic manipulations, and then the light bulb went off in our

The words came together almost magically. We decided that we wanted our legacy to be "legendary medics, Whenever a new staff member would in-process to the squadron, I would talk to them about our mission and vision and discuss ways they could enhance our squadron.

providing legendary care."

But this task was much more than creating a nice phrase, writing it into a strategic plan, sewing it onto a squadron patch, or even etching it into

What we all quickly realized is that becoming "legendary" is more than one person doing a great job during a single moment in time...it's an entire squadron doing it every day.

Whenever a new staff member would in-process to the squadron, I would talk to them about our mission and vision and discuss ways they could enhance our squadron.

I would challenge individuals to define for themselves how they plan to uphold our vision.

One particular comment made by an administrative technician managing the appointment lines stood out in my mind.

Her idea of upholding the vision

was to ask how she could make your day when she answered the phone.

I'm sure that every customer she greets like that will be left with a great impression.

In addition to our external customers, we can't forget about our internal customers.

This past year has been very high paced and busy year for us all. We faced many challenges such as numerous exercises, inspections and deploy-

In addition to all this, the medical group had a very intense inspection by the Joint Commision on Accreditation of Health Care Organizations and the Air Force's Health Services Inspection Agency a few weeks after the Pacific Air Forces' Operational Readiness Inspection.

It was a dual civilian and military inspection that evaluated us from top to bottom.

I'm happy to say that we made it through all three inspections with flying colors without losing sight of providing "legendary" care to Team Kade-

There are some times that doing your best work requires taking risks.

When members of the squadron spoke their minds about the impact of the past year during a unit climate survey, the results were clear and evident.

I had to take a step back, open up my mind and heart and listen to what they had to say.

Because of the survey, we were able to refocus our efforts and improve the morale of the squadron with the help of numerous squadron members.

After that, I truly understood the essence of the phrase "take care of your people and they will take care of the mission."

As a leader you will continuously find yourself being pulled in many different directions.

What you cannot do is lose sight of your people and the vision they create.

Thanks to those who stayed the course they chartered ... and became legendary.

### ACTION LINES E-mail:

18wg.cchotline@kadena.af.mil



Bria. Gen. mington ffrey Reming 18th Wing commander

The 18th Wing is very interested in ideas that can make Kadena an even better place to live, work and play.

If you have a concern that you have been unable to resolve through normal chains of command, then we'll look into it.

Although not required, it's better to give commanders, first sergeants or the agencies with which you have the concern the opportunity to correct the situation first. When that fails, send us an e-mail. Include your name and telephone number so someone can get back to you, and a brief summary of your concern.

### Hit & run policy Q. What are the policies with hit and run accidents involving cars?

A. Fleeing the scene of an accident is a chargeable offense under Article 134 of the UCMJ. It is also cause for suspension or revocation of driving privileges for SOFA members. Major accidents are

PHONE NUMBERS	
AAFES Action Line	645-4301
Base Exchange	633-4570
Civil Engineer Helpline	634-4270
Clubs	634-3002
Commissary	634-3640
Finance	634-1996

investigated by security forces on and off base. It is critical for anyone having information about a hit and run to report it to security forces immediately. Any descriptions of vehicles and people involved assist greatly with these investigations.

### Monthly gate passes Q. Is it possible to get a monthly pass for

#### local-national girlfriend?

A. All guests who reside on Okinawa must be signed in at either Gate 1 or 2 and receive a pass for no longer than 24 hours. All local national guests, unless they are from off island, are, by regulation, not supposed to be on Kadena for more than a 24hour period. This includes local-national

Fraud, Waste & Abuse Hotline	634-0404
Home Telephone Helpline	634-408
Housing Maintenance	634-HOME
Kadena Services	634-171
Medical and Dental	632-930
Safety	634-SAFI
Security Forces	634-139

### **SHOGUN WARRIOR OF THE WEEK**



Staff Sgt. Clayton Barker

18th Civil Engineer Squadron, structural journeyman

Hometown: Ponchatoula, La.

Reason for nomination: Sergeant Barker developed and implemented a computerized database for tracking all hazardous materials stored within the unit. The program expedited monthly inventory procedures and ensured available stock met mission requirements.

Time at Kadena: 3 years, 5 months

Time in the Air Force: 10 years, 6 months

Editor's note : Shogun Warriors are selected by unit leaders for their outstanding value to their unit and dedication to the Kadena mission. To nominate someone, send the name of your nominee to your unit commander or senior enlisted leaders.



Public Affairs Chief...... ....Lt. Col. Kevin Krejcarek Deputy Public Affairs Chief... Public Affairs Superintendent....Master Sqt. Brad Carder

Kadena Air Base Editorial Staff nternal Information Chief......Master Sgt. Adam Johnston ....Staff Sgt. Jason Lake

Published by Print 21, a private firm in no way connected with the U.S. Air Force, under exclusive written contract with the 18th Mission Support Group. This commercial enterprise Air Force newspaper is an authorized publication for members of the U.S. military services overseas.

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Editorial content is edited, prepared and provided by the Public Affairs Office of Kadena Air
Base. All photographs used in The Kadena
Shogun are official Air Force photographs, unless otherwise indicated.

All copy and other printed material is handled by 18th Wing Public Affairs, Building 128, Kadena Air Base, Japan. The mailing address is 18WG/PAI, Unit 5141 Box 30, APO AP 96368-5141. Phone DSN 634-3457/5665. Fax 634-2344.

The submission deadline for information to be printed in The Kadena Shogun is 4:30 p.m. on Fridays, seven days before the desired print

For editorial submissions, send E-mail

to kadenashogun.newspaper@kadena.af.mil For personal and paid advertising, call Print 21 at 921-2052. Personal free adverrisements are offered by Island Market to readers and are printed on a space-avail-able basis. Ad content does not constitute the official views of and are not endorsed by the U.S. government, the Department of Defense, or the Department of the Air

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#### Town hall broadcast Feb. 4

By 2nd Lt. Timothy Lundberg 18th Wing Public Affairs

Brig. Gen. Jeffrey Remington, 18th Wing commander, will hold a live town hall meeting from 7 to 8 p.m. Feb. 4 to discuss the concerns of Kadena people.

The town hall will air live on the American Forces Network radio station, AM 648, and Commander's Access Channel 23, which is available to AmeriCable cable subscribers on all Okinawa military installations.

People who would like to ask questions during the town hall can send an e-mail to AFNOkinawa@mcbbutler.usmc.mil.

General Remington and representatives from various agencies on Kadena will answer the email questions during the town hall meeting. Listen to AFN or watch channel 23 the night of the broadcast for more information about how to have your question heard.

Questions that cannot be answered, due to time constraints, will be answered and published in upcoming editions of The *Kadena Shogun*.

Participants may also receive answers to their questions by providing their name and a current e-mail address and phone number.

For more information, tune in to the live broadcast on AM 648 or the Commander's Access Channel on Feb. 4. RETRAINING BRIEFING: A briefing for all NCOs eligble for voluntary retraining will be held today from 1 to 3 p.m. at the military personnel flight's second floor training room.

COMMANDER'S CALLS: The 18th Wing will hold a commander's call at the Keystone Theater on Feb. 3 at 7:30 a.m. for E-1 through E-5 and at 3:30 p.m. for E-6 through E-9; on Feb. 4 at 7:30 a.m. for E-6 through E-9, at 10:30 a.m. for civilian employees and at 3:30 p.m. for E-1 through E-5. A commander's call for officers will be held Feb. 6 at 4 p.m. at the Officers' Club.

OHASURVEY: Kadena officials urge military members who live off base and receive the overseas housing allowance to participate in the 2003 Overseas Housing Utility and Move-in Housing Allowance survey. The survey deadline has been extended to Feb. 13. To take the survey go to the following website: http://www.milsurveys.com/OHA.

INDUCTION CEREMONY: The chief master sergeant induction ceremony will be held at the Rocker NCO Club at 6 p.m. tonight.

COLONELPROMOTIONS: The Air Force Personnel Center announced today that lieutenant colonels Matthew Molloy, 67th Fighter Squadron, and Mark Ware, 18th Operations Group, have been selected for promotion to colonel.

EMPEROR VISIT: The emperor of Japan is visiting Okinawa today and Saturday. Local police expect traffic jams and limited road service in Naha City, Kochinda Town, Gushikami Village and Itoman City on today from noon to 9:30 p.m. and from 9 a.m. to 3 p.m. Sunday in Naha and Urasoe cities. Drivers may be requested to stop around major intersections during these times. Local authorities are asking drivers to avoid these areas to help alleviate expected traffic jams.

**DEPLOYED SPOUSESDINNER:** There will be a deployed spouses dinner from 6 to 8 p.m. at Chapel 1 tomorrow. Reservations must be made today by calling 634-3366 or 634-7567.

ENLISTEDASSIGNMENTS: The Enlisted Quarterly Assignment Listing for overseas returnees in the May-July 2004 cycle was released earlier this month. Airman need to update their preferences by Jan. 30. Airmen will be notified of their selection by mid-February.

GLAMOURSHOTS: Spouses of deployed airmen can get free glamour photos taken at Bldg. 88 from 9 a.m. to 3 p.m. Feb. 4 and 5. Space is limited. Call 634-3366 to schedule an appointment.

OFFICECLOSURE: Kadena's telephone customer service, telephone trouble reporting and communications cable digging permit office in Bldgs. 400 and 3136 will be closed Feb. 6 for a power outage. Customers may pay their tele-

phone bill at accounting and finance in Bldg. 721-C. For more information, contact 634-1005.

PHONECALL BLOCKING: Kadena telephone customer service now offers a new service that blocks outgoing calls from onbase residential phones to cell phones. The charge for a phone line with the new service is \$34.68 per month. The service still allows customers to make on- and off-base phone calls, use calling cards and the international direct dial option. For more information, call 634-3215.

### AFRICAN AMERICAN HISTORY MONTH EVENTS:

Feb. 7 -- Music festival -- The search is on for singers and musicians to help organize a mass choir for this event. Currently rehearsals are being held at Chapel 2 from 6 to 8 p.m. on Fridays and from 11 a.m. to 1 p.m. on Saturdays. Rehearsals will continue until the day of the event. For more information call Leona Tatum at 933-7580 or e-mail her at rlovel@yacht.ocn.ne.jp.

### Feb. 7 -- African-American Expo 2004

-- An exposition celebrating the 50th Anniversary of the Supreme Court ruling of "Brown vs. Board of Education" will be held at the Kadena High School from 10 a.m. to 2 p.m. Food, music and poetry readings, dances, storytelling, scholarship and adoption information will be offered at the site. For more information call Daisy Jones at 634-7530.

### ADVERTISEMENT



### 18th SVS opens two new lodging facilities

By Staff Sgt. Jason Lake 18th Wing Public Affairs

After more than five years of planning and preparations, the 18th Services Squadron opened two of its new lodging facilities across the street from the Shogun Inn recently.

Col. Ross Roley, 18th Services Squadron commander marked the occassion with a ribbon cutting ceremony in front of the facilities Jan. 16. The 18th Mission Support Group Commander, Col. Brent Baker, and 18th Civil Engineer Group Commander, Col. Steven Lillemon also spoke during the ceremony.

According to Misty Hironaka, general manager of lodging for 18th SVS, the \$41.8 million project funded by the Japanese government replaced 10 other buildings that dated back to the early 1940's and 1950's.

In addition to the two buildings that just opened, another lodging facility is in the last stage of construction, and is slated to be completed by July.

Altogether, the three buildings add 293 rooms to Shogun Inn lodging.

Ms. Hironaka said the rooms will be reserved for members on official temporary duty assignment orders, couples moving in or out of Kadena, distinguished visitors and space available travelers. No children under the age of 18 will be accepted.

More than \$5.6 million



Col. Ross Riley, 18th Services Squadron commander, shows off one of the rooms inside the new base lodging facilities to Staff Sgt. William McLaughlin, 18th Contracting Squadron Jan. 16. Sergeant McLaughlin was charged with the task of ordering all the furniture for the new buildings.

was spent by Pacific Air Forces and the 18th Wing to fill the rooms with new furniture, fixtures and supplies.

Ms. Hironaka said the new rooms measure almost 450 square feet, which is almost 200 feet more than the current Air Force standard of 250 square feet.

Each room has a private bedroom, living room, bathroom with a tub and massage shower head, a walkin kitchen with a full-size refrigerator and dishwasher and there are full-sized washers and dryers on each floor.

Some of the features included with rooms keyless lock entry system, kitchenware and small appliances such as a coffee pot, toaster, microwave and two televisions (one in the living room area and the other inside the bedroom).

Ms. Hironaka added that the facilities also have two large conference rooms and the second and fourth floors and lounge rooms on the first, third and fifth floors.

To make trekking up the five flights of stairs easier for travelers, Ms. Hironaka said the facilities became the first Shogun Inn facilities to have eleva-

At the end of the grand opening, Colonel Roley presented the facilities first guest, Airman 1st Class Sam Kahnke, who is here on temporary duty from the 55th Aircraft Maintenance Squadron at Offutt Air Force Base, Neb., with a fruit basket and a complimentary one-night stay at the new facility.

Airman Kahnke, who was staying at one of the older facilities down the street, said he will sleep easier in one of the new rooms.

"This is a big step up from the dorms at home, he explained. "It's pretty funny that I get to stay at a nicer place when I go on a temporary duty assign-

Continued from Page 1

"He's a visionary," said Maj. Willie Holt, Jr., 18th Component Maintenance Squadron commander. "I've got five or six chiefs working for me and he's the best. It's one of those things as a commander you see. When I bring something to the table that we need to do as a squadron, he's already working it." Major Holt had huge accolades for the chief. When the 18th CMS became a squadron in 2002, Major Holt said he didn't want Chief Frost's predecessor to go. "I had a good one, but then I got an exceptional one," he said. "We truly came out ahead when that happened."

Talking about Chief Frost's character, Major Holt said, "There's just something about the way he thinks, his knowledge, his ability to mentor. He's a very visionary type of person.'

"He reminds me a lot of myself,"

Major Holt also acknowledged that it was no laughing matter to present Chief Frost with the Bronze Star during the commander's call earlier this month. "He's always trying to look out for other folks. He didn't even want a ceremony or any publicity about the medal, but I told him that it was such an honor and privilege to present the Bronze Star that if he wasn't going to get something out of it, at least I would." The ceremony was the first time Major Holt received an opportunity in his 24year Air Force career to present the Bronze Star. The medal is the Air Force's eighth highest.

Chief Frost is the fourth airman at Kadena to receive the Bronze Star in the last year.

### Kadena Girl Scouts kick off cookie campaign

By Staff Sqt. Jason Lake 18th Wing Public Affairs

As people stopped to pick up their mail or do some shopping at the base exchange last weekend they probably couldn't help but notice a few young ladies dressed in green garb trying to make a sales pitch.

"Get your Girl Scout cookies, three dollars per box, six dollars per case. They taste yummy," shouted 7-year-old Tristan Reeves, a member of Brownie Troop 408.

The Kadena Girl Scouts kicked off their annual cookie sales campaign Jan. 17 at Postal Service Center 80 and the concession area between the commissary and base exchange.

Staff Sgt. Stephanie Hedrick, a volunteer public relations representative for the scouts, said the goal for this year's campaign is to sell more than 2,100 cases of cook-



Air Force /Airman 1st Class Heather Towers

Marissa Murray, Katelyn Minke, Jocelyn Saavedra and Tristan Reeves, all members of Kadena's Brownie Troop 408, demonstrate their cookie advertising techniques outside the base exchange concessionaire area Jan. 17.

ies before the end of February.

If they are successful in this endeavor, first-time campaigners like 10-year-old Brianna Shumpert will get to sew the coveted cookie badge onto their uniforms.

Last year the girls raised more than \$82,0000 in cookie sales, said Tania Gordon-Murdaugh, cookie manager for the Kadena Girl Scouts.

From that, the scouts were able to keep more than \$23,000 to fund various activities and local projects.

Of the \$3 collected per box, she said \$2.15 goes to the West Pacific Girls Scouts for supplies and grants for special Girl Scout projects.

The remaining 85 cents goes back to the Kadena scouts and committee mem-

This year, Mrs. Gordon-Murdaugh expects to raise more than \$75,000. From that, \$21,000 will go back to the local scouts and committee

Sergeant Hedrick said some of the money Kadena scouts take home also helps members of the community.

"All the money we raise stays on the island," she explained. "We've donated supplies and toys to the local orphanages in the past."

According to Sergeant

Hedrick, the whole process began in August when orders for cookies were sent in. After the West Pacific Girl Scouts receive the orders for cookies, it takes almost four months before the cookies are shipped by boat to Okinawa were they are prepared for distribution. The campaign usually begins shortly after the holiday sea-

People who want to get their hands on trademark cookie flavors like Thin Mints. Peanut Butter Sandwich and Caramel Delites can catch the Girl Scouts at the postal service center, base exchange and USO every weekend until the end of February.

For more information, or to ioin the Kadena Girl Scouts. call 634-0753 or e-mail kadenagirlsouts@yahoo.com.

Girls ages 5-17 and adult men and women over 18 are eligible to join the organiza-

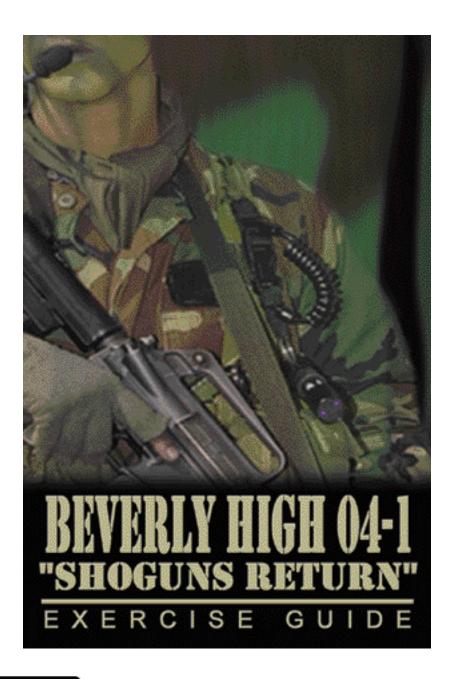


#### AUTO INJECTOR USE

The picture above shows unused (left) and used auto injector training devices. In the event of a simulated attack, the following steps should be taken when using auto injectors:

- 1. SYMPTOMS: Know the mild vs. severe symptoms and how to appropriately treat
- them. For mild symptoms, use one set; for severe symptoms, use all three sets. 2. LOCATION: Where are your auto injectors and where do you inject them? Injectors should be stored in your gas mask carrier pouch and most people should inject in the outer thigh. Very skinny people should should inject in the upper, outer quadrant of their buttock.
- 3. SMALL 10: Use the Atropine (smaller) injector first and hold it in place for 10 seconds.
- 4. BIG 10: Use the 2 PAM Chloride (larger) injector second and hold it in place for 10 seconds.
- HOOK: Hook used injectors on your GCE.
- 6. REPEAT (if necessary): If you have dry mouth and fast heartbeat withing five to 10 minutes of first injections, you've had enough. If you still have symptoms of nerve agent exposure in 10-15 minutes, use another set of injectors.

Note: In some cases, you may be issued a Diazepam (CANA, or Convulsant Antidote Nerve Agent) injector in addition to Atropine and 2 PAM injectors. The Diazepam injectors are only for use on a buddy. Do not use a Diazepam injector on yourself.



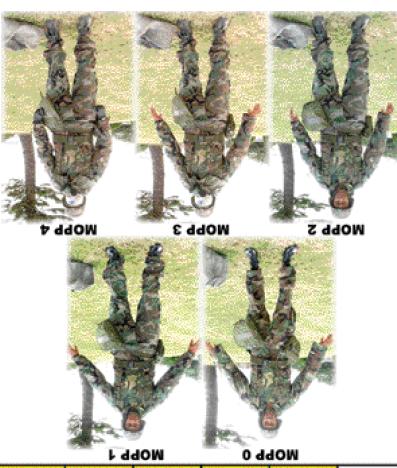


STEP 2 - FOLD OVER

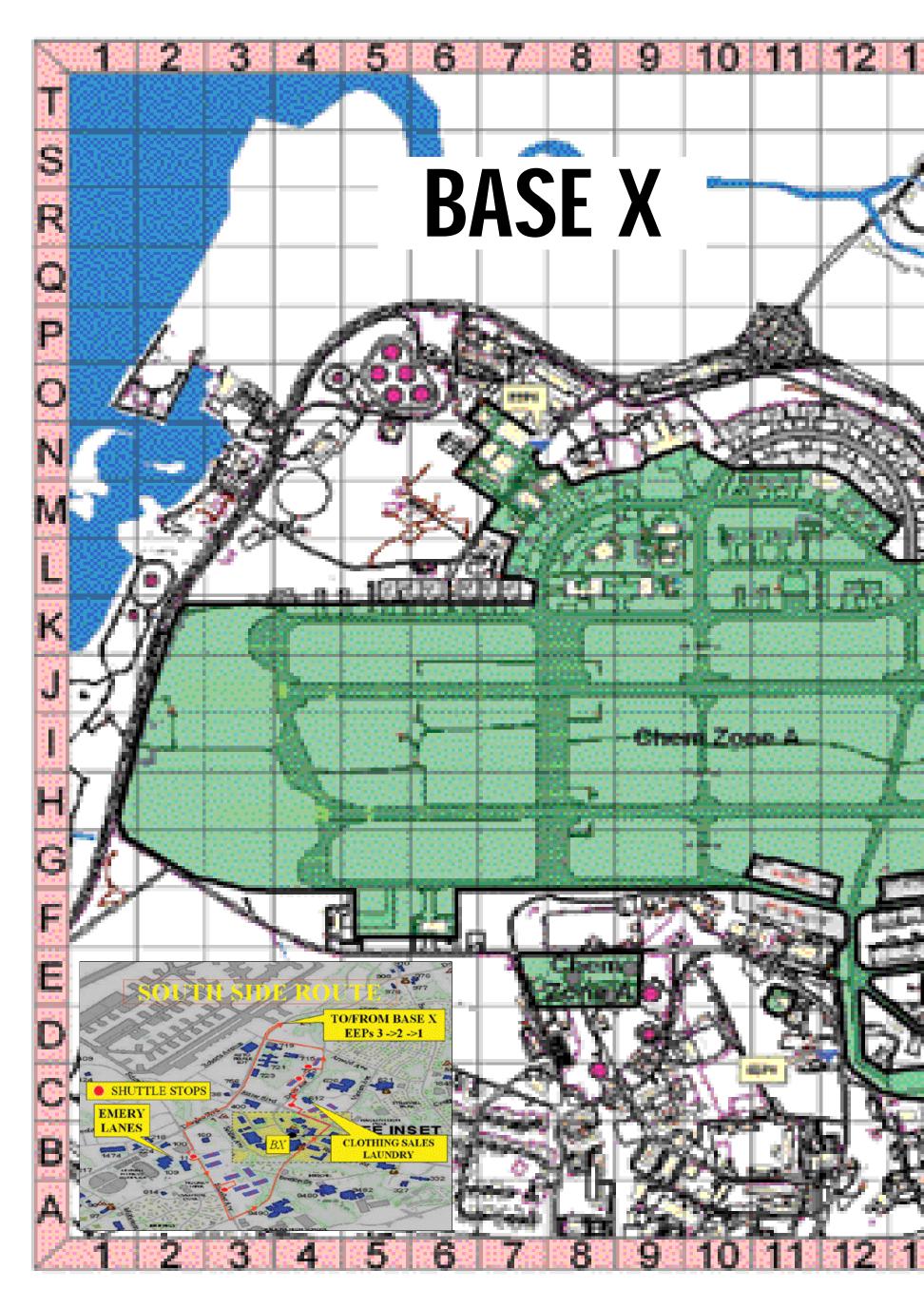
OTHER INFORMATION: THE INSTALLATION COMMANDER DIRECTS ALARM CONDITIONS AND MOPP LEVELS, ASWICC MAY AUTHORIZE REMOVAL OF FLAK VEST INSIDE SPLINTER PROTECTED (OR GREATER), FACILITIES

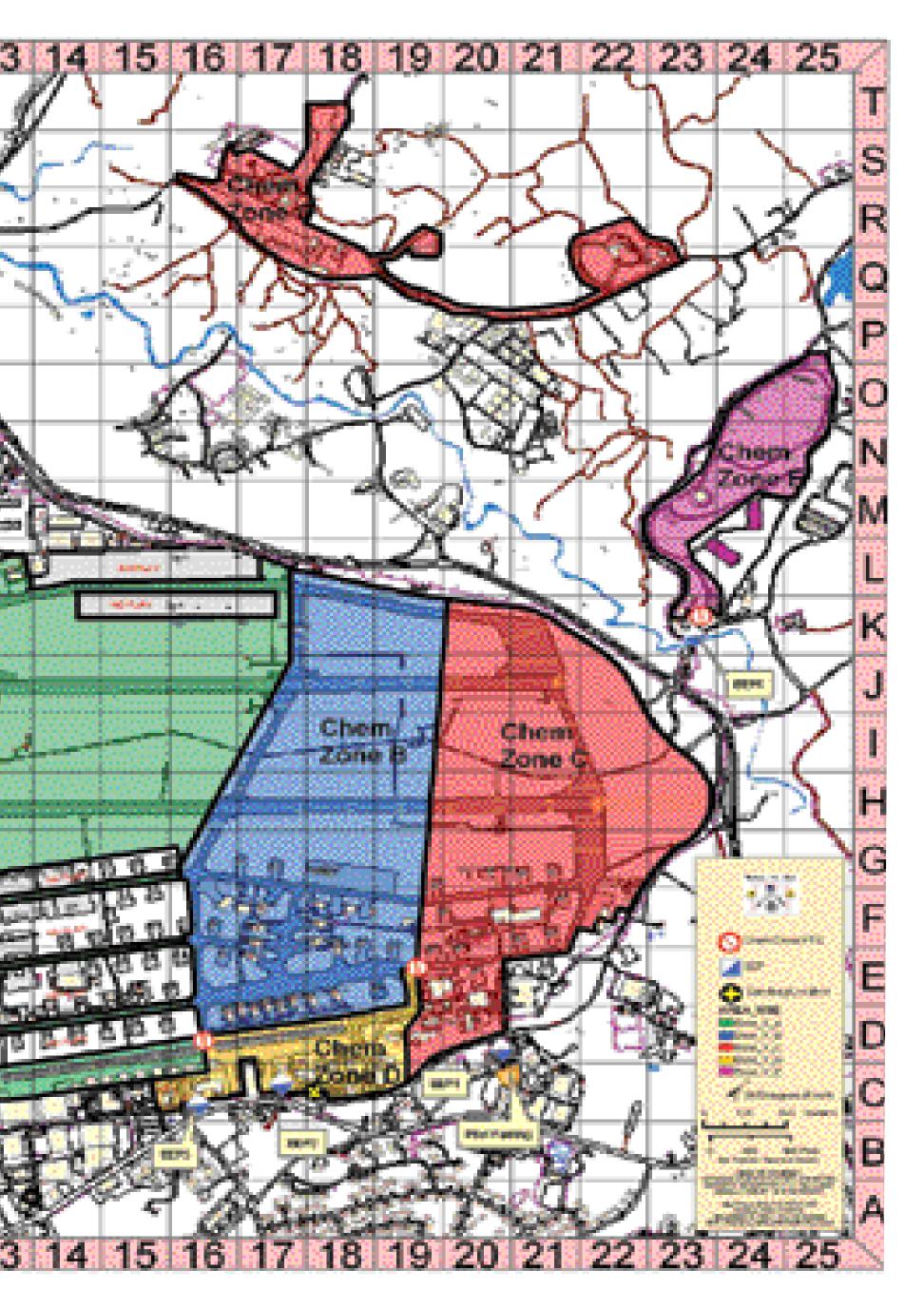
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פרחב	HEAR WAVERING TOWE, ANNOUNCEMENT OF ALARM BLUE; SOLT TUB 338	ATTACK IS IMMINENT OR IN PROGRESS	SEEK OVERHEAD COVER, MOPP 4 OR AS DIRECTED, REPORT ACTIVITY/ EXPLOSIONS
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(9)(00000000000000000000000000000000000	MALL PEAEES				





## EXERCISE, EXERCISE, EXERCISE

### When 'Bugle Call' sounds, know what to do and when to do it

By Master Sgt. James Warden 18th Security Forces Squadron

Bugle call is the base's term for a method used to notify all personnel that a simulated ground or mortar attack is occuring somewhere in Base X during training scenarios.

When bugle call is initiated, all sectors in Base X should assume the most stringent security posture.

Participants should immediately take cover in buildings or defensive fighting positions if possible, and should stay off the streets. Everyone should also don field gear and assume the directed Mission Oriented Protective Posture.

The activation of Bugle Call does not automatically trigger increased MOPP levels. Changes in MOPP levels, if warranted, will be announced along with bugle call.

During training, participants should be extremely vigilant and challenge and identify all

### **Bugle Call announcements**

The following is an example of a bugle call announcement personnel will hear during training scenarios at Base X:

· "Exercise, Exercise, Exercise. Bugle call, sector number (or all sectors), MOPP level number. Ground (or mortar) attack. All personnel take cover immediately!"

personnel. Any simulated enemy ground activity must be reported immediately to Unit Control Centers or the Base Defense Operations Center.

The information is absolutely critical to mission success and ensuring the safety and security of Base X.

When reporting simulated enemy activity, remember the report should include accurate information gathered using SALUTE. This acronym means:

- · Size: Exact number of personnel seen.
- Activity: What are they doing?
- · Location: Where are they or where were they sighted?
- · Unit/Uniforms: How are they dressed (uniforms, civilian attire)? What color? Any special markings?
  - · Time: When were they sighted?
- · Equipment: What equipment was the enemy using. What types of vehicles, weapons, field gear and chemical gear?

Once the simulated threat is neutralized or pinpointed, unaffected sectors will be released from bugle call.

After all affected sectors have been cleared, the bugle call will be terminated as determined by the 18th Wing commander.

For more information about bugle call, call 632-7024.

### **BUS ROUTES** & PARKING

18th Wing officials released the following information concerning bus routes and parking guidelines for the upcoming operational readiness exercise:

#### **External Bus Routes**

- · Buses will run two external routes on the north and south sides of Base X.
- · South side buses will run every 15 min-
- North side buses will run every 15 min-

#### **Internal Bus Routes**

- · Buses will run two internal routes in Base X.
- · Main internal route buses will serve EEP 1, Bldgs. 868, 870, 3384, 73331, 3339, 3359, HAZ 13 and 14, and EEPs 2 and 3 in that order.
- · North side internal route buses will serve EEP 6 and Bldgs. 3541, 3542, 3545 and 3660 in that order, every 20 minutes.
- The Cadre commander will determine additional stops in Base X.
  - · Buses will be added as needed.

#### Parking issues

- E-1 through E-4 dormitory residents must use bus transportation or walk to get to EEPs 1, 2 or 3
- Bus pickup is available near most dormitories
- Participants may drive to EEPs 4, 5
- · Limited parking is available near each **EEP**
- · You can park anywhere it is legal to park
  - · Cars may be towed if parked illegally.
- Parking areas are available at or near shuttle stops (Emery Lanes and Military Clothing Sales).

### DINING FACILITY & CDC SCHEDULE

Johnson Dining Facility			
Phase	Phase 1 - Transition Phase 2		Phase 2
		Open 24 hours; Cold meals and MREs served between meal periods; also remains open through ENDEX + 6 hours	
Breakfast	4 to 8 a.m.	Breakfast	4 to 8 a.m.
Lunch	10 a.m. to 2 p.m.	Lunch	10 a.m. to 2 p.m.
Dinner	4 to 8 p.m.	Dinner	4 to 8 p.m.
Midnight	10 p.m. to 2 a.m.	Midnight	10 p.m. to 2 a.m.

Strickland Dining Facility			
Phase 1 - Transition Phase 2			
		Open 24 hours; Cold meals and MREs served between meal periods; also remains open if Phase 2 extends into weekend	
Breakfast	6:30 to 8:30 a.m.	Breakfast 4 to 8 a.m.	
Lunch	10:30 a.m. to 1 p.m.	Lunch 10 a.m. to 2 p.m	
Dinner	N/A	Dinner	4 to 8 p.m.
Midnight	N/A	Midnight	10 p.m. to 2 a.m.

Marshall Dining Facility (normal hours)			
Weekends Weekdays			Weekdays
Brunch	6:30 a.m. to 1 p.m.	Breakfast	5:30 to 8 a.m.
Supper	4 to 7 p.m.	Lunch	10:30 a.m. to 1 p.m.
Midnight	10 p.m. to 3 a.m.	Dinner	4 to 7:30 p.m.
		Midnight	10 p.m. to 12:30 a.m.

Shima Noko CDC		Niko-Niko and Wakaba CDCs
Phase 1 - Transition	Phase 2	Phase 1 and Phase 2
Open: Morning recall + one hour or at 5 a.m. Closed: 7 p.m.	to 7 p.m. W e e k e n d s :	Weekends: Closed





Courtesy photo

### Battle of Okinawa tour

World War II and history buffs can catch a glimpse of the famous Battle of Okinawa with Kadena Information, Tickets and Tours Jan. 31 from 9 a.m. to 5 p.m. The tour includes stops to the Japanese Underground Naval base, Hicksaw Ridge, Battle of Okinawa Museum (above) and the place where former President Bill Clinton visited during the 2000 G-8 Summit, Peace Prayer Park. For more information, call KITT at 634-4322.

### **Kadena Activities**

Monday: Kid's Membership Night, 5 to 7 p.m. at the Officers' Club. The entire family can enjoy a free buffet that includes cake and ice cream. Children will receive a free goody bag to take home.

#### Famil y Suppor t Center

Today: Checkbook Management, 2 to 4 p.m. Saturday: Deployed Spouses Dinner, 6 to 8 p.m. Monday: Money Management, 8 to 11 a.m.; Deployed

Spouses Group, 11:30 a.m. to 12:30 p.m.; Intermediate Japanese, 6:30 to 8 p.m.

Tuesday: Bundles for Babies, 8 to 11:30 a.m.; Smooth Move, 9 a.m. to noon; Secrets to Financial Success, 5 to 6:30 p.m.

Wednesday: Unaccompanied Newcomers' Tour, 8 a.m. to 3:30 p.m.; Washi Class, 1 p.m. to 2:30 p.m.

#### <u>Kadena ITT</u>

Tonight: Urashima Dinner Theater, 5:30 to 10 p.m. Cost is \$58 for adults, \$38 for children ages 6-12 and \$5 for children under 5.

Saturday: Motobu Cherry Blossom Viewing, 9 a.m. to 3:30 p.m. Cost is \$15 for adults, \$10 for children ages 6-12 and \$5 for children under 5.

Okinawan Folk Tales Tour, Cost is \$15 for adults, \$10 for children ages 6-12 and \$5 for children under 5.

Sunday: Shuri Castle and Shikina En, 9 a.m. to 4 p.m. Cost is \$22 for adults, \$14 for children ages 6-12 and \$5 for children under 5.

Explore the North, 9 a.m. to 4 p.m. Cost is \$15 for adults, \$10 for children ages 6-12 and \$5 for children under 5.

### Schilling Community Center

Sunday : Family Karaoke, 5 to 8 p.m. Bring out the family to enjoy free karaoke.

Jan. 31: Home-based Business Show, 10 a.m. to 4 p.m. Spots are available to vendors for \$15 on a first-come, first-serve basis.

Schilling Community Center classes

Kumon Math (ages 5 to 8) : Wednesdays & Fridays from 3 to 5:40 p.m. (40-minute sessions). Discover the Kumon method of learning mathmatics, an individualized method that can help children excel in math and develop superior study habits regardless of age or skill

Okinawan Dance : Wednesdays from 5 to 7 p.m. Learn traditional expressive dance forms unique to the island

Salsa Dance (ages 18 and up): Tuesdays and Thurs days from 6 to 7 p.m. for beginners and from 7 to 8 p.m. for advanced. Learn Salsa and Mambo dance steps, partner turn patterns, and solo footwork.

Tai Chi Chuan (ages 18 and up): Tuesdays and Thursdays from 5 to 6:30 p.m.

Japanese Conversation (ages 18 and up): Tuesdays from 7:30 to 9 p.m. Make friends with your Okinawan neighbors by learning their customs, culture and practical conversation.

Japanese Calligraphy (ages 18 and up): Thursdays from 6:30 to 8:30 p.m. This is a new class.

Cake decorating (ages 18 and up): Mondays and Thursdays from 11 a.m. to 12:30 p.m. Learn techniques for mastering the basics of cake decoration.

Saxophone, Flute and Clarinet (ages 5 and up): Saturdays from 7 a.m. to noon. (One-hour session each).

### Youth Center

Fine Arts Club (ages 9 through 12) : Mondays from 4:30 to 5:30 p.m.

: Wednesdays from Torch Club (ages 9 through 12) 4:30 to 5:30 p.m.

Power hour (ages 9 through 12) : School days from

Photo club (ages 9 through 12) : Second and fourth Tuesdays of each month from 4:30 to 5:30 p.m.



Patrons should call Keystone Theater at 634-1869 or Butler Theater at 645-3465 to verify movie titles, showtimes and rat -

Keystone Theater
Tonight: 6 p.m., Peter Pan,
PG.; 9 p.m., Master and Commander, PG-13

Saturday: noon, Peter Pan, PG; 4 p.m., The Cat in the Hat, PG; 7 p.m., The Missing, R

Sunday : noon, Peter Pan, PG; 4 p.m , The Cat in the Hat, PG; 7 p.m., Master and Commander, PG-13

Monday: 7 p.m., The Missing, R

Tuesday: 7 p.m., Master and Commander, PG-13

Wednesday: 7 p.m., The Cat in the Hat. PG

Thursday: 7 p.m., Cheaper by the Dozen, PG

Jan. 30: 6 p.m., Cheaper by the Dozen, PG; 9 p.m., Tupac Resurrection, R

Foster Theater
Today: 7 p.m. Cheaper by
the Dozen, PG; 10 p.m., The Missing, R

Saturday: 1 p.m. The Cat in the Hat, PG; 4 & 7 p.m. Cheaper by the Dozen, PG; 10 p.m. The Missing, R



### Chapel

Mon.-Fri. : Mass, noon at Chapel 2 Saturday: Confession, 3:30 to 4:30 p.m. at Chapel 2; Vigil Mass, 5 p.m. at Chapel 2

Sunday: Mass, 8:45 a.m. at Chapel 3; 12:30 p.m. and 5 p.m. at Chapel 1

#### **Protestant**

Wednesday : Bible Study at 7 p.m. at Chapel 1.

Sunday: Inspirational, 8:30 a.m. at Chapel 2; Liturgical, 8:45 a.m. at Chapel 3; Evangelical, 9 a.m. and 10:45 a.m. at Chapel 1; General Protestant, 10:30 a.m. at Chapel 3; Gospel, 10:30 a.m. at Chapel 2; Sunday school at 10:45 in Bldg. 326 and Bldg. 327

Hindu service: 4 p.m. Sunday at

Chapel 1

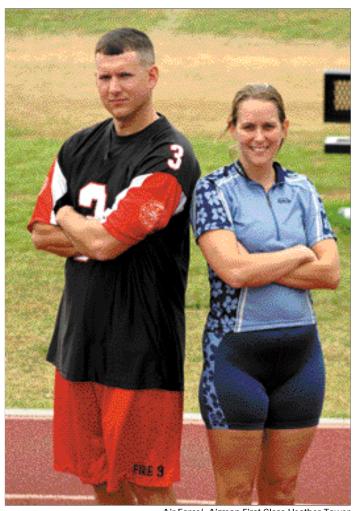
Eastern Orthodox service: call 645-

7486

call 637-1027 Jewish services: Islamic services: call 636-3219

### A WEEKLY WRAPUP OF THE TOP STORIES AROUND THE AIR FORCE

### Kadena officials name medic, firefighter Athletes of the Year



Air Force/ Airman First Class Heather Tower

Robert Chastain and Elizabeth Fontenot were recently named Kadena's Male and Female Athletes of the Year for their participation in various sporting activities. Fontenot was also named Pacific Air Forces' Athlete of the Year.

By 2nd Lt. Timothy Lundberg 18th Wing Public Affairs

Over the past year two Kadena airman have been doing all they can to be fit for the fight.

Last week, Robert Chastain and Elizabeth Fontenot were rewarded for all of that hard work by being named the male and female athletes of the year for Kadena.

Lieutenant Fontenot, a 25year-old first lieutenant from Ville Patte, La., is an Aerospace Physiologist with the 18th Aerospace Medicine Squadron.

She is an active triathelete and has done well in several triathlon events in 2003.

She won the 2003 Marine Corps Camp Courtney 20K Bike Race and was the second female Air Force member to finish the Marine Corps Camp Hansen Reverse Sprint Triathlon, where she placed fifth overall.

Fontenot was also the first Air Force member to finish the Army's Olympic Distance Triathlon at Torii Station in September.

When asked how she got started in triathlons, Fontenot said, "First I tried spinning, originally I got into it to stay busy, but that led to cycling. There aren't a lot of cycling races on Okinawa so I got into triathlons, it's all about the bike."

For those interested, Fontenot now teaches a cycling class, every Tuesday at 5 p.m. at the Risner Gym.

Participating in triathlons requires a lot of dedication and training. In order to prepare herself, Fontenot has a rigorous training regimen.

"Normally I run four times a week in the morning, I'll do a long bike ride on the weekends, usually around 20 to 50 miles, and I'll swim once a week, about 1000 to 3000 meters, depending on where I am in my training."

All of this hard work and dedication not only lead to Lieutenant Fontenot being named Kadena's Female Athlete of the Year, but also the 2003 Pacific Air Force's Female Athlete of the Year.

Chastain, a 27-year old staff sergeant from Emory, Texas, is a fire inspector with Kadena's 18th Civil Engineer Group.

He was named Kadena's 2003 Male Athlete of the Year in large part because of his skill and dedication to the sport of softball.

Chastain played shortstop and outfield and had a bat-

ting average of 630 for the Yellow Box, an interservice softball team based here on Okinawa.

The Yellow Box became only the second team in the Pacific Grand Slam's 15-year history to reach all four of the tournament finals in a single season

While playing for the Yellow Box, Chastain also helped his unit's softball team win Kadena's base championship.

Sports have been a part of Chastain's life since he was very young, "I've been playing football since I was about seven years old, baseball since I was about four. I can't play baseball anymore so I play softball now."

Now that he's been named the top male athlete on Kadena Chastain has a new goal.

"I want to play for the All Air Force Softball Team, I play with three other guys who have been on the team and that's really what I want to do."

In addition to all of his exploits on the softball field, Chastain is an active golfer with a 10 handicap.

He also started the intramural flag football team for his unit, where he was an assistant coach and the team's quarterback.

# Kadena volunteers raise funds for Special Olympic Games

By Staff Sgt. Jason Lake 18th Wing Public Affairs

Although Kadena's Special Olympic games are still a few months away, the campaign to raise money for the event is going full-steam.

The last two weekends, dozens of volunteers from all over the base have come out to the base commissary to help raise funds for the upcoming games.

According to Chip Steitz, a member of the Kadena Special Olympics committee, the fundraising campaign kicked off Jan. 10 with a massive display of Proctor and Gamble items lined up near the front lobby of the commissary. There were also donation boxes set up near each exit.

Steitz explained that for each case of Proctor and Gamble items purchased at the Kadena commissary over the next month, 25 cents will be donated by the company to the Kadena Special Olympics campaign.

Last year, Steitz said the fundraiser raised more than \$4,000 between donations and contributions from the corporation.

This year, he expects the campaign to net close to \$4,500.

But Steitz said the campaign has a broader purpose than just raising money for the games.

He said the "higher mission" of the campaign is to raise awareness for special needs children.

"This isn't just about raising financial support for the games, but also raising awareness about children with special needs," he said. "Kadena's Special Olympic Games is one of only a few activities all year that rewards special needs children here in Okinawa for their successes."

For this reason and her own personal reason, Jessica Corley, an airman first class with the 18th Medical Support Squadron, decided to volunteer to help raise money at the donation boxes Jan. 17.

"I decided to volunteer because I'm pregnant and there's a chance that my baby might have Down's syndrome," she

explained. "This experience has really opened up my eyes."

Airman Corley, who is in her sixth month of pregnancy, said she found out about the genetic disorder when she went in for a routine medical checkup with her doctor.

Down's syndrome is a genetic disorder caused by an extra chromosome on the 21st chromosome pair, which gives the person 47 chromosome instead of the normal 46. People born with the disorder are characterized by several traits: a broad, flat face; short neck; upslanting eyes; small nose and an enlarged tongue and lips.

Corley said the Special Olympic Games is a great cause because it helps special needs children feel just



Air Force/ Airman First Class Heather Tower

Kevin Gallespie, a staff sergeant with the 18th Equipment Maintenance Squadron, makes a donation for the Kadena Special Olympic Games at the Kadena commissary Jan. 17.

like everyone else.

She plans to help with future fundraisers for the games.

The Special Olympic Games have been held at Kadena every summer for the last five years. More than 650 Special Olympic athletes and nearly 2,000 volunteers took part in last year's games featuring games such as: floor hockey, tennis competitions, races, softball and soccer.

According to Steitz, this year's Special Olympic Games are planned for mid-June this year, but no date has yet been set.

# Sports Standings

# Basketball Division 1 Team W L 18 EMS (A) 5 1 18 LRS (A) 5 1 18 CES 5 2 18 SFS 5 2 18 CMS (A) 5 2 18 CS (A) 4 1 18 MUNS 4 2 18 SVS 2 2 18 EMS (B) 2 3 18 CS (B) 2 5 733 AMS 2 5 18 AMXS (A) 1 4 18 AMXS (B) 0 12

<u>Team</u>	W	L
18 DS/AMDS	6	0
33 AMU	6	1
353 OSS	5	2
18 LRS (C)	5	3
18 MDOS/MDSS	4	2
909/961	4	3
82 RS	4	4
18 LRS (B)	3	2
390 IS	3	3
18 MOS	3	4
18 MSS	2	4
18 CMS (B)	1	6
31 RQS	0	12

**Division 2** 

SOURCE: 18th Services Squadron fitness center staff Current as of Jan. 20